
Education

Pedro Menendez High School

2024 - present

Medical Academy

GPA: Weighted 4.3; Unweighted 3.8 (on 4.0 scale)

Completed Courses: Spanish 1 and 2 Pre-IB, English 1 and 2 Honors, Geometry Honors, Algebra 2 Honors, Biology 1 Pre-IB, Worlds History Honors, Health Science 1 and Anatomy and Physiology Honors, Chemistry 1 Honors, Health Science Foundation 2

St. Johns River State College (AA)

2024 - present

GPA: 3.85 (on 4.0 scale)

Completed Courses: Personal Finance, Career Development, Medical Terminology, Sociology, U.S. History, Academic Pathways

Professional Certificates and License

- Certified Medical Administrative Assistant
NHA (Certification #PP4J3D5Q4) **03/2026**
- American Red Cross course: Basic Life Support (Certification #02B5OVP) **06/2026**

Honors and Awards

Naval Academy STEM Summer Seminar

06/2024

- Selected as one of the 300 attendees (out of 7,000 applicants)

HOSA (Health Occupation Students of America) Competition

04/2025

- Placed 3rd in a regional HOSA Bowl team event and advanced to state level

National Honor Society

10/2025

- Member

Daughters of the American Revolution (DAR) Outstanding Cadet Award

02/2026

- Being an outstanding cadet who has demonstrated academic excellence, dependability, good character, adherence to military discipline, leadership, and a fundamental and patriotic understanding of the importance of cadet training

Research and Experience

The Curieux Review journal

02/2026

“How does exposure to war affect children’s physical and mental health, and what strategies can be implemented to protect them?” <https://www.curieuxreview.com/fall-winter2025>

University of Florida Environmental Exposure - GatorWISE **03/2026**

- I was taught by a UF professor on campus about current environmental problems and the cause. We brainstormed some ideas on possible solutions and were able to conduct an experiment. Then, we took a nature walk around campus and were able to see all the different types of wildlife and nature.

VolunTEEN at Baptist Healthcare - Medical Center South, Jacksonville FL **07/2026**
2 weeks

- For two weeks I volunteered at Baptist Medical Center South hospital. I got to shadow medical professionals and work directly with patients. I got a total of 35 volunteer hours from this experience.

University of South Florida - Global Guardians for Pandemic Preparedness **07/2026**
1 week

- This program allowed me to learn and get more involved in public health. I had the opportunity to work and get mentored by reputable scientists on campus.

Work experience

Marco's Pizza team member **05/2026 – present**
Part-time (up to 39 hours per week)

- Take care of food preparation, ensure a clean work environment, customer service both over the phone and in person, and making pizza and other food products.

Extracurricular Activities

Best Buddies **09/2025 – present**
1-3 hours/week

- Youth volunteer – Building connections, community and friendship in school and my local community between young students with and without intellectual and developmental disabilities (IDD) through inclusive activities and social-emotional learning tools that promote one-to-one friendship, acceptance, and interaction at an early age.

Best Buddies International is a nonprofit organization dedicated to establishing a global volunteer movement that creates opportunities for one-to-one friendships, integrated employment, leadership development, inclusive living, and family support for individuals with intellectual and developmental disabilities (IDD).

American Red Cross **09/2025 – present**
5-8 hours/month

- Youth volunteer - Work effectively with people from diverse backgrounds, mobilize communities and create positive change while supporting RedCross mission.
- IHL (International Humanitarian Law) Advocate - Educate the public about the rules of armed conflict and protections afforded to civilians during those conflicts through peer-to-peer campaigns. Engage in real-world issues discussions and projects while gaining by furthering the Red Cross obligation to the Geneva Conventions.
- Regional Special Project Manager – Maintains good relationships with Red Cross clubs in the

northeast region and ensures they complete the necessary requirements by obtaining a monthly report from them.

Let's Talk Public Health

08/2025 – present

1-2 hours/week

- My personal blog about my research, school, volunteering and my life.
- letstalkpublichealth.blog

PublicHealthAndMe

08/2025 - present

- My personal website with links to my work, research, blog information and resume.
- publichealthandme.com

HOSA - Future Health Care Professionals

08/2023 – present

1 hour/week

- Promoting public healthcare awareness through participating in school and community events, hosting blood drives and positively impacting communities, recruiting new members, keeping existing members active and participating in area, state and national conferences and competitions.

St. Johns County Public Library System Teen Advisory Board

09/2023 - present

5 hours/week

- President (2025 – 2026)
- Vice President (2024 – 2025)
Working to improve children and teen-oriented library programs, promote library and library services within our community, organize community events for children and teens within library system, helping in maintaining cleanliness, order and a safe environment in the library.

United States Naval Sea Cadet Corps

12/2019 - present

6 hours/week

TS Constellation (Fort McHenry Division, Maryland)
F.D. Roosevelt Squadron (NAS JAX, Florida)

- Promoting community service through volunteering, teamwork, and training programs and helping teens to develop leadership skills. I have participated in many community service events and skills development programs (STEM, Recruit Training, Petty Officer Leadership Academy, SCUBA diving basic and advanced).

US Sea Cadet Corps Sea Cadet National Council (2025-2026)

10/2025 - present

3 hours/week

- **Recruiting, Onboarding, and Orientation Subcommittee**
Develop a new curriculum, enhance operational readiness, and create an updated inspection framework, among others, share ideas, solve challenges, and develop improvements that benefit every Sea Cadet nationwide.

Community Service

Pedro Pantry of Pedro Menendez High School

08/2024 - present

3 hours/week

- Help to operate students' run food bank for low-income students and their families by collecting, organizing, and distributing supplies and food for students in need.

Professional organizations membership

NACCHO (The National Association of County Health Officials)

09/2025 - present

- Member

Athletics

Pedro Menendez High School Swim Team

2025 - present

SCUBA diving (basic and advance certified)

2024 - present

Aikido Center of Jacksonville

2023 - 2026

St. Augustine Cyclones Swim Team

2020 - present